

Fun

runs and serious marathons;
book sale; pub quiz; karaoke; handbag and clothes swaps; cake sales; afternoon tea and morning coffee; car boot sale; dress down day; school disco; bike ride; sporting challenges; chocolate eating competition; treasure hunt; mastermind; curry night; plays, concerts and gigs; sky dive or climb a mountain; auctions and raffles; dog walk; BBQ; dance-athons; bingo; diet and fitness challenges; baths full of baked beans; dye your hair purple; non uniform day; sponsor a teacher to wear purple all day; story writing competition; guess the weight; guess the quantity; Fun runs and serious marathons; book sale; pub quiz; karaoke; handbag and clothes swaps; cake sales; afternoon tea and morning coffee; car boot sale; dress down day; school disco; bike ride; sporting challenges; chocolate eating competition; treasure hunt; mastermind; curry night; plays, concerts and gigs; sky dive or climb a mountain; auctions and raffles; dog walk; BBQ; dance-athons; bingo; diet and fitness challenges; baths full of baked beans; dye your hair purple; non uniform day; sponsor a teacher to wear purple all day; story writing competition; guess the weight; guess the quantity; Fun runs and serious marathons; book sale; pub quiz; handbag and clothes swaps;

Fund Raising Guidelines:

Girls Out Loud is a Community Interest Company. This means we are a not for profit organisation with a community wide agenda and an interest in creating real social change.

Our registered address is:

24 City Heights
1 Samuel Ogden Street
Manchester M1 7AX

Our company number is 722574 and we were incorporated on 16 April 2010.

Our mission is to raise the aspirations of teenage girls in the UK aged between 13- 18 and we do this by creating and delivering several early intervention programmes in schools from one day to three months and facilitating a nationwide mentoring programme called BIG SISTER.

“We thoroughly enjoyed the whole day. It was both interesting and fulfilling to witness the girls 'develop' their confidence as the day went on. Those who came in with a wary look on their faces as they entered the room left with smiles, giggles and they seemed to be walking a LOT taller. On the way back in the mini bus the girls were buzzing about their experiences and didn't stop yacking to each other. Top marks to Girls Out Loud for an amazing day.”

Teacher, talking about our Discovery Day

How Can You Help Us?

You can help us raise money to deliver our programmes and/or volunteer to crew at our events or become a Big Sister mentor. Our volunteer opportunities can be accessed on our site at www.girlsoutloud.org.uk/join-our-team. When it comes to raising funds anything goes! Apart from lap dancing marathons, botox parties and other obvious no nos!

Getting Started:

Whatever you decide to do just drop us a line and we can send you logos and help with promotional copy to position your event or activity.

Here are some ideas/things that have been done before....

Challenge yourself physically – sky dives, fun runs, dog walks, hill climbs and even mountain treks. Get healthy, get fit, get on ya bike and get moving!

Let's party – invite your family, friends, work colleagues and wider network to meet and chat at afternoon teas, pub quizzes, karaoke nights, murder mystery dinners, curry nights, carboot sales, treasure hunts, fashion shows etc

Get creative – dye your hair purple for a month, compete in a chocolate eating contest, host a silly sports day, challenge your boss to some sort of dual, have a dress down day or non uniform day.

And remember your employer may match whatever your raise and/or may also support our cause so no harm in asking.

"Getting rid of my inner secrets has given me confidence. I used to think my secret made me a bad person and it held me back. I will now go for my goals"
15 year old girl after attending our Stardom programme

The Legal Stuff:

We cannot accept any liability for any events you decide to do so if this is on a grand scale you may want to think about insurance.

The Dosh:

You can send any money raised as a cheque made payable to Girls Out Loud CIC and send to Girls Out Loud CIC, 24 City Heights, 1 Samuel Ogden Street, Manchester. M1 7AX or you can pay via an online transfer into our bank account at Unity Trust – Sort code: 08 60 01 Account Number: 20244972 or pay into our paypal account via our website: www.girlsoutloud.org.uk

We will always send you a receipt on request and a certificate to keep or display in recognition of your love and support.

"I used to think other people were more important than me but not anymore. I know my values, I know more about me and what I want and nothing is going to get in my way. My dreams will come true"

15 year old girl after attending our Stardom programme

**Help us change the lives and aspirations
of thousands of young girls
- they need you!**





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www.girlsloutloud.org.uk